

Chicken & Lettuce Wrap

6 ingredients · 10 minutes · 1 serving



Directions

1. Arrange the lettuce, chicken, red onion, and cucumber in the center of the tortilla. Season with salt and pepper. Fold or roll the tortilla around the filling and enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to three days.

Gluten-Free

Use a gluten-free tortilla.

More Flavor

Add your favorite dressing.

Additional Toppings

Add cheese, avocado, bell peppers, sliced olives, or corn.

Ingredients

1/16 head Green Lettuce (leaves separated)

113 grams Chicken Breast, Cooked (sliced)

1/4 cup Red Onion (small, sliced)

1/2 Cucumber (small, sliced)

1 Whole Wheat Tortilla (large)

Sea Salt & Black Pepper (to taste)