Chickpea & Fava Bean Couscous Salad

8 ingredients · 15 minutes · 4 servings



Directions

- 1. Cook the couscous according to the package directions and let cool.
- 2. In a large mixing bowl, combine the couscous with the remaining ingredients. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to four days.

Serving Size

One serving equals approximately two cups.

Gluten-Free

Use quinoa instead of couscous.

More Flavor

Add lime juice and/or olive oil. Cook the couscous with broth instead of water.

Additional Toppings

Add green onions, red bell pepper, cucumber, tomatoes, goat cheese, or feta.

Ingredients

1 cup Couscous (uncooked)

2 cups Chickpeas (cooked)

2 cups Fava Beans (cooked)

2 cups Snap Peas (trimmed, chopped)

1 cup Parsley (finely chopped)

1/4 cup Red Onion (diced)

1 tbsp Apple Cider Vinegar (to taste)

Sea Salt & Black Pepper (to taste)